



Counseling Services



If you or someone you know is feeling depressed, overwhelmed, scared, having trouble transitioning, in crisis or just need someone to talk to...

WE CAN HELP

352-588-TALK

counseling@saintleo.edu

Confidential • Compassionate • Free

If there is an emergency or safety concern requiring immediate assistance please call Campus Safety at 352-588-8333 or dial 911.



THINK WELL • DO WELL • BE WELL

Our specially trained staff is here to provide education, caring counseling and support for those individuals who are experiencing difficulty handling the day to day challenges of life; grief, loss, loneliness, addiction, anxiety, depression and other mental disorders.

Lawson Jolly, LMHC, NCC, Director
(352) 588-8354 lawson.jolly@saintleo.edu

Emma Manley, LMHC Assistant Director
(352) 588-7203 emma.manley@saintleo.edu

Karah Beaver, RMHCI, Assistant Director
(352-)588-8457 karah.beaver@saintleo.edu

Machele Nutt, Senior Coordinator
(352) 588-8199 machele.nutt@saintleo.edu

University Campus, Wellness Center

Office hours Monday-Friday, 8am - 5pm

Please call or email staff listed above to schedule an appointment or call **352-588-TALK** to speak with a licensed therapist 24 hrs. a day.

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The University is an Affirmative Action Equal Opportunity employer.

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