

# BS: HEALTH EDUCATION & HEALTH PROMOTION

## Curriculum Plan

| YEAR 1 FALL                                                                           | YEAR 1 SPRING                                                                              |
|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| SLU 101-First Year Experience – 1                                                     | ENG 122 Academic Writing II – 3                                                            |
| SLU 125-Choosing Wellness – 3                                                         | PHI 210 Thinking and Doing Ethics (Reflective and Spiritual Life UE Philosophy Course) – 3 |
| ENG 121-Academic Writing I – 3                                                        | Creative Life UE Course – 3                                                                |
| COM 140-Basic Computer Skills – 3                                                     | Elective – 3                                                                               |
| MAT 151-College Algebra – 3                                                           | BIO 140 Fundamentals of Anatomy and Physiology I – 3                                       |
| PSY 161 Introduction to Psychology (Human Adventure UE) – 3                           | BIO 140L Fundamentals of Anatomy and Physiology I Lab – 1                                  |
| <b>Total Credits – 16</b>                                                             | <b>Total Credits – 16</b>                                                                  |
| YEAR 2 FALL                                                                           | YEAR 2 SPRING                                                                              |
| EDU 226 Human Growth and Development – 3                                              | MAT 201-Introduction to Statistics – 3                                                     |
| Human Adventure UE – 3                                                                | Human Mosaic UE Course – 3                                                                 |
| Creative Life UE – 3                                                                  | Reflective and Spiritual Life Course UE – 3                                                |
| Reflective and Spiritual Life UE – 3                                                  | Elective – 3                                                                               |
| BIO 150 Fundamentals of Anatomy and Physiology II – 3                                 | CMM 205 Professionally Speaking – 3                                                        |
| BIO 150L Fundamentals of Anatomy and Physiology II – 1                                |                                                                                            |
| <b>Total Credits – 16</b>                                                             | <b>Total Credits – 15</b>                                                                  |
| YEAR 3 FALL                                                                           | YEAR 3 SPRING                                                                              |
| HED 301 Foundations of Health Education: Profession, Principles, and Practices – 3    | EDU 222 Teaching Diverse Populations – 3                                                   |
| HED 310 Health Promotion Across the Lifespan – 3                                      | HED 340 Foundations of Health Literacy Practice – 3                                        |
| EDU 370 Brain Based Learning in the Digital Age – 3                                   | HED 350 The Wellness of Mind, Body, and Spirit – 3                                         |
| HED 320 Nutrition and Health – 3                                                      | Elective – 3                                                                               |
| HED 330 Health Education Curriculum and Instruction: Planning for Learning – 3        | HED 360 Facilitating and Assessing Learning in Health Education – 3                        |
| <b>Total Credits – 15</b>                                                             | <b>Total Credits – 15</b>                                                                  |
| YEAR 4 FALL                                                                           | YEAR 4 SPRING                                                                              |
| HED 401 Introduction to Research Methods in Health Education and Health Promotion – 3 | HED 440 Foundations of Community Health Education Methods – 3                              |
| HED 410 Leading and Evaluating Workplace Wellness Programs – 3                        | HED 450 Leading Health Education Programs – 3                                              |
| HED 420 Health Behavior Theory and Motivation – 3                                     | Elective – 3                                                                               |
| HED 430 Emerging Technologies in Health Education and Health Promotion – 3            | HED 498 Capstone Experience and Seminar: Health Education and Health Promotion – 3         |
| Elective-3                                                                            |                                                                                            |
| <b>Total Credits – 15</b>                                                             | <b>Total Credits – 12</b>                                                                  |
| <b>Total Credits in Program – 120</b>                                                 |                                                                                            |